

The Meditation

Begin with Primordial Mediation, aware of the Holy Virgin as the very Nature of Consciousness (Ain/No-Thingness) in yourself; abide in this Holy Awareness.

Then envision the golden orb of the Spiritual Sun within and behind your heart, and envision a golden sphere of light surrounding you, as though you are a Child of Light in the womb of the Holy Mother. Holding this image in mind, pray:

Hail Miriam, full of Grace, Yahweh is with you;
Blessed are you among woman,
And blessed is the fruit of your womb, Yeshua.

Holy Miriam, Mother of the Messiah,
Anoint us now and at the hour of our death, Amen.
(Repeat this at least seven times.)

When your prayer is complete, envision a ray of light shooting forth from the Spiritual Sun in your heart and magically appearing as the Holy Mother, with the Holy Child in her arms.

Meditation Image:

The Holy Mother is a young woman, with a beautiful, joyful and gentle countenance; she is robed in red, trimmed in gold, with a red veil over her head and an aura of golden light about her; she holds in her arms her Holy Child, who is robed in gold, with an inner robe of white, with holy symbols in red embroidered upon it; she supports her Child with her left hand and holds his hands (which are in a gesture of prayer) in her right hand; the Holy Child is most beautiful and radiant with glory, and has an aura of white brilliance with rainbow hues surrounding him. (The image of the Mother and Child is formed of translucent light, like a rainbow in the sky, and hovers in the space before you – her feet not touching the ground.)

*Envisioning the Mother and Child, if you are inclined, you can pray Mother Miriam's Song of Praise – Gospel of St. Luke 1:46-55.

Holding the visualization of the Holy Mother and Child in your mind, pray to the Holy Mother as you are lead to pray by your heart, and offer yourself up to her, praying that she might conceive and give birth to the Light-presence (Anointed) and Light-power (Holy Spirit) in you. (You may also commune with the Holy Mother and Child in the silence of your heart, holding the conscious intention of being open to the Mother's Force, depending upon the inspiration of the moment.)

When your cycle of prayer is complete, take up the chant: *Adonai Yeshua Messiah*. As you chant, envision the Holy Child in the arms of the Virgin becoming brighter and brighter, and streams of light flowing from his body of glory, blessing you, and see the Holy Mother smiling upon you, her love pouring out upon you as the Light of the Messiah. The light within and around you grows brighter and brighter as you receive the light-emanations of blessing from the Mother's Child. As you come to the conclusion of the chant, see the Holy Child become pure white brilliance and see this light shoot forth, like a shooting star, to form a center of white brilliance above your head.

Then take up the chant: *Ah-Yah-Ha-Vah*, and envision the white brilliance pouring down through the top of your head into the Spiritual Sun in your heart, transforming the Sun into white brilliance – all of the light from the center above pours down into your heart, and you feel yourself filled with the Light-presence and Light-power, the love and compassion of Messiah.

When you have received the Light from above, the Holy Child, aware of yourself as the Holy Child, shift your focus once again to the Virgin Mother, giving praise and thanks to God for the Divine Grace manifest as the Holy Mother and Child. Then take up the Mother's chant: *Ishah Ah-Ma Imma Miriam* (the extended chant may include: *Imma Miriam Ha-Elohim*). As you chant the Mother's chant envision her growing brighter and brighter, and streams of light flowing from her body of glory, blessings you. At the conclusion of the chant see her image become fluid flowing light, and envision it pouring back into the Spiritual Sun in your heart. As the great blessing of the Holy Mother enters your heart see brilliant rays of rainbow glory stream forth from your heart and from your whole body – abide in the awareness of your mind, heart and body merged as one with the Holy Mother and Child.

Abide in Union as long as you can.

When you go out into the world, let all that appears be as the Palace of Lights in which the Divine Mother dwells – as though all is her Body of Glory; hear all sounds as her Voice, the Living Word of God; and all thoughts and emotions arising in the mind and heart receive as the spontaneous display of her Innate Wisdom-Mind, the Wisdom of God.

This is the essential practice of Union with the Holy Mother and Child.

*The initiate may carry this practice further, envisioning her or his body dissolving into fluid flowing light, and the light being gathered into the Body of Truth – the Clear Light Essence. The seal of this practice is the Primordial Contemplation of Melchizedek. This conclusion is an advanced practice which may require added instructions by an Elder or Tau of the lineage in order to actually be performed.