

## The Invocation and Meditation of John the Baptist Yesod

- Much insight into the Holy Gospel and divine incarnation can be gained by meditation upon the maggid, John the Baptist. Likewise, through invocation of the spirit of John, knowledge of the prophets and the way of the prophets can be acquired. When gnosis of deep mysteries is sought, it is not uncommon for an initiate to enact the rite of baptism and go on retreat in the wilderness to invoke the spirit of the prophets and practice meditation on the maggid.
- Pray the invocation:
- Eheieh, El Shaddai, Adonai – O Holy One of Being, grant me the blessing of communion with the spirit of the prophets. In the name of Moses, Samuel and Nathan, and Isaiah, Jeremiah, and Ezekiel. In the name of the Anointed, the Bridegroom, and Holy Bride, O Spirit of the Prophets, Spirit of John the Baptist, come and be with me. Appear in my mind, speak in my heart, and illuminate my life – impart the blessing of your presence upon me, and let us commune in the Spirit of Holiness.
- Having invoked, envision the divine image of the maggid magically appearing in the space before you, clothed in a camel's hair garment with a leather belt, his hair disheveled and his eyes wild and piercing. One foot is upon a flowing river and the other upon the earth, and the whole image is radiant with glory – the image of the prophet being formed of translucent light.
- Sometimes names of God and of the prophets are chanted, and other times the meditation remains in silence, all according to inspiration. Perhaps the spirit of John will speak to you, or perhaps he will touch you and bless you. A word of knowledge might come or a secret mystery might be disclosed; sometimes one might see a vision. Whether something or nothing at all, let whatever happens happen. When the meditation is complete, envision the prophet baptizing you with light and glory, your own body-mind radiant with light, and the image of the maggid vanishing as he appeared. Then give thanks to God for the divine revelation that transpires through the prophets and praise the Lord. This is the most basic meditation of John the Baptist.